

idioms, phrases & terms: **sth = something; sb = somebody.

1. lay into sb = express strong anger to sb **Our boss laid into Janet for being two hours late for work today.**
 2. put sb down = make sb look bad in front of others; humiliate sb
 3. bend over backwards = try very hard (to help sb); make a great effort (to help sb) **Bill bent over backwards to help Jim get a promotion at work.**
 4. blow sth; blow it = make a mistake; lose a chance to do/have sth **He blew his chances for the job because he didn't prepare well for the interview.**
 5. count on sb/sth = depend on sb/sth; rely on sb/sth **I can always count on my friends to be honest with me.**
 6. sth/sb gets a little heated = shows a little anger **People's tempers can get a little heated in the rush hour traffic.**
 7. make a big deal out of sth/doing sth = exaggerate how important sth is **She didn't make a big deal out of her top score. I didn't mean to insult you; there's no need to make a big deal out of it.**
 8. The Golden Rule = Treat others (i.e., do good things to them or treat them kindly) the way you want others to treat you.
 9. badmouth sb = say bad/rude/critical things about sb **People who badmouth the boss when the boss isn't around sometimes accidentally end up treating the boss badly in person!**
 10. as a means of doing sth = as a way to do sth **The teacher has competitions as a means of motivating students to study hard.**
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Children learn how to give and receive love from what their parents **do** more than from what their parents **teach** them. Here is some advice on how to teach your child (or future child!) about love.

1. Disagree with your spouse in front of them. Experts say parents shouldn't fight in front of their children **if** it's highly emotional or private. But parents *should* disagree in front of their children, even if it gets a little heated, because children need to learn how to argue objectively and with compassion. Also, if you blow it and lose your temper with your spouse, remember that the kids need to hear you say: "I'm sorry," "I love you," and "I will try to do better." They can learn about love by watching you solve problems in front of them.

2. Help those in need as part of your daily life. Include your children in small but frequent acts of giving. Make it a regular activity, and don't make a big deal out of it to your kids. You don't have to bend over backwards; just make **giving with love** a part of your life.

3. Practice the Golden Rule with friends and strangers. Your children need to see you treat friends and strangers the way you hope your children will treat them. The way you treat the people in your life is a daily lesson to your children about how to love people. If your children hear you badmouth somebody, they'll think that's okay. Saying, "When Bob said that, it really hurt my feelings," is a much better lesson on how to talk about a problem than, "Bob is such a jerk, I hate that guy." If you don't want your kids to be rude or critical, it starts when you treat strangers politely, just because it's the right thing to do.

4. Always offer unconditional love. Love for your children should not be conditional; they need to be able to count on your love. Do not withhold love or attention from your children as a means of punishing them. Enforce consequences for their bad behavior, but be sure they know discipline comes *because* you love them, even when they do something wrong. Love says: "I'm disappointed in what you *did*, but I will *always* love you."

Questions:

1. Share 1-2 examples of things people argue about, that sometimes get a little heated. What are the keys to solving an argument or problem?
2. A **good lesson** can be learned through a **good** relationship or a **bad** relationship. Think of 1-2 people in your life who taught you how to love (either by doing it right or wrong). What did you learn about love from them, and how did you learn it from them?
3. Have you ever seen somebody badmouth or lay into another person? If so, why did it happen, and what was the final result?
4. Describe one situation **in the past** when a stranger treated you well, or you treated a stranger well. **Or**, describe a **future situation** in which you will try to treat a stranger well, or in which you hope a stranger will treat you well.
5. The article says parents shouldn't make a big deal out of helping people in need, but just do it as part of a family's daily life. In your opinion, what are 1-2 possible reasons this article says that?

6. "The Golden Rule" comes from the Bible (Mt 7:12); let students explain (or guess about) these other common expressions from the Bible. He was at his wit's end (Ps 107:23-27). The workman arrived at the 11th hour (Mt 20:1-16). I escaped that danger by the skin of my teeth (Job 19:20). Don't expect her to change because a leopard can't change its spots (Jer 13:23). I don't know if I fail this class, but the writing is on the wall (Dan 5:1-31).
7. What are 1-2 possible reasons people put somebody down? Also, what can be the long-term effects on that person?

====Lower English level=====

Dec 11 2020~ Ways to Teach Your Child about Love (Lesson 160cez)

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1. spouse = husband or wife
2. sth/sb gets a little heated = shows a little anger ***People's tempers can get a little heated in the rush hour traffic.***
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5. badmouth sb = say bad/rude/critical things about sb ***People who badmouth the boss when the boss isn't around sometimes accidentally end up treating the boss badly in person!***
6. condition = something that must exist or happen first, before something else can happen. "I'll give you the money on the condition that we first go fishing."
7. count on sb/sth = depend on sb/sth; rely on sb/sth ***I can always count on my friends to be honest with me.***
8. as a means of doing sth = as a way to do sth ***The teacher has competitions as a means of motivating students to study hard.***
9. put sb down = make sb look bad in front of others; humiliate sb

Here is some advice on how to teach your child about love, through what you DO more than from what you SAY.

1. **Disagree with your spouse in front of them.** Don't fight near your children if it's highly emotional or private. But parents *should* disagree in front of their children, even if it gets a little heated. Children need to learn how to argue with compassion. Also, remember to say: "I'm sorry," and "I love you." The children can learn about love by watching you solve problems in front of them.
2. **Help those in need as part of your daily life.** Include your children in small but frequent acts of giving. Make it a regular activity, and don't make a big deal out of it to your kids. Just make **giving with love** a part of your life.
3. **Practice the Golden Rule with friends and strangers.** Your children need to see you treat others the way you hope your children will treat them. If your children hear you badmouth somebody, they'll think that's okay. Saying, "When Bob said that, it really hurt my feelings," is a much better lesson on how to talk about a problem than, "Bob is such a jerk, I hate that guy." Your kids will grow up being polite if *you* treat strangers politely.
4. **Always offer unconditional love.** Your children need to be able to count on your love. Do not withhold love or attention from your children as a means of punishing them. Enforce consequences for their bad behavior, but be sure they know discipline comes *because* you love them, even when they do something wrong. Love says: "I'm disappointed in what you *did*, but I will *always* love you."

Questions:

1. Content questions. According to the author:
 - a. Is it ever OK to argue with your spouse, in front of your children?
 - b. Your children should see that giving with _____ is a part of your life.
 - c. Instead of saying "Bob is a jerk and I hate him," what might you say to be less rude?
 - d. WHAT come because you love your children, even when they do something wrong?
2. Share 1-2 examples of things people argue about, that sometimes get a little heated. What are the keys to solving an argument or problem?
3. Think of 1-2 people in your life who taught you how to love (either by doing it right or wrong). What did you learn about love from them, and how did you learn it from them?
4. Describe one situation **in the past** when a stranger treated you well, or you treated a stranger well. **Or**, describe a **future situation** in which you will try to treat a stranger well, or in which you hope a stranger will treat you well.

5. "The Golden Rule" comes from the Bible (Mt 7:12); let students explain (or guess about) these other common expressions from the Bible. He was at his wit's end (Ps 107:23-27). The workman arrived at the 11th hour (Mt 20:1-16). I escaped that danger by the skin of my teeth (Job 19:20). Don't expect her to change because a leopard can't change its spots (Jer 13:23). I don't know if I fail this class, but the writing is on the wall (Dan 5:1-31).
6. The article says parents shouldn't make a big deal out of helping people in need, but just do it as part of a family's daily life. In your opinion, what are 1-2 possible reasons this article says that?

If there's time: What are 1-2 possible reasons people put somebody down? Also, what can be the long-term effects on that person?

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These lessons were created or adapted by the staff of International Friendship Ministries, P.O. Box 12504, Columbia SC 29211; ifmusa.org; info@ifmusa.org. IFM is grateful to Kathy Williams for most of the original work. Some lessons were adapted from EFLsuccess.com (with permission). IFM makes these lessons available to our participants, but this does not imply our consent for others to publish these lessons online or in print without permission.

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